

Upward Bound

March 2024

February Quarterly Meeting



On Saturday, February 10th, students from Chadron, Crawford, and Alliance came together on the CSC campus for a day of learning and fun. Students started the day with a "get-to-know-you" BINGO so they could meet new students and students from other schools.

Students then had the opportunity to use their creativity and paint river rocks. While the rocks were drying, students were presented with some ACT Prep materials.



After the paint on the rocks dried, and the students had their brains filled with ACT knowledge, they then got to turn their beautiful rocks into kindness and affirmation rocks. Students enjoyed a taco bar for lunch and then headed on their way home with their hearts, minds, and bellies full.



Academic Advisor Update

Kevin Coy Jr—Chadron HS

March is here, and I am excited to engage you all in some upcoming activities that CHS provides and UB!

There will be a public speech performance on March 12, in the CHS auditorium! Track and Field has started, and I look forward to hearing about the success of the hard work and dedication that you all are putting in to receive the best results possible and get the outcome you deserve!

Grease the Musical cast and crew seem to have wooed the crowd Friday, March 1-3! Great Job, well done! Karsen Stokely was a part of the musical and did well!

Another activity that has started this spring is Boys' golf. If you are interested, ask the office staff Mrs. Berry, Mrs. Vogl, or Mr. Barry.

National Honor Society inductions are on March 18th.

I hope you all are ending the third quarter on a good note and in a position that you are satisfied with. If not, it's ok. You still have the fourth quarter to bring up your overall average and be proud of the grades that you have earned!

Brad Gaston-Crawford HS

March is here, which means it's almost spring! What a great time!

Lots of events happening at Crawford High this month—starting on March 2nd with a Speech Meet.

March 5th is Parent Teachers Conference—be sure to attend!

The Steps to College program is being held on March 5th, in the HS Library. Three different sessions were held for 10th-12th graders and parents.

Third Quarter ends March 15th

March 18th is the Quiz Bowl

Our first track meet will be March 23rd in Morrill

Bayard CD track meet is Thursday, March 28th

Kevin Coy Jr—Alliance HS

As we step into the vibrant month of March, we are delighted to share the latest updates, achievements, and upcoming events from Alliance High Upward Bound. This month's newsletter is brimming with exciting news, student successes, and growth opportunities.

We are promptly approaching the end of quarter three. If you are not satisfied with this quarter's grades you have next quarter to work harder and earn better grades. As the days grow longer and the weather warms, spring seasons for sports and activities have begun! The students have been hard at work, and it's time to showcase their dedication, talent, and sportsmanship on the field and on the stage. If you are still interested in joining a club or team reach out to Mrs. Bair in the office.

I am excited to hear about your successes this month in your activities! The more you tell me the more I could include for our Tip of the Hat section of your accomplishments!



Spring Semester Tips for High School Students

As a high school student, spring semester is the most critical time of year for mapping your future. The decisions you make during course registration and selecting extracurricular activities can significantly influence the following school years. Spring semester has just begun, so what should you prepare yourself academically and professionally for a successful future?

1. ***Prepare for and take the standardized tests***—**Juniors and Seniors:** The ACT/SAT and AP tests are for 11th and 12th-grade high school students. Students should decide which test they want to take, the ACT or SAT, in the spring of their 10th-grade year. Juniors should take the first exam in the fall of their 11th-grade year, and the second in the spring of that same year.
2. ***Focus on your extracurricular activities + establish new ones***—Students should take advantage of the Spring semester to invest themselves in popular extracurricular activities or clubs that interest them. Whether it's athletics, visual arts, performing arts, academic clubs, or social events – there are plenty of opportunities for passionate students! If you're a part of a student organization, consider furthering your involvement by taking on a leadership role and contributing to the future of the group. However, if your organization is entirely based on participating in competitions, then you should dedicate your time to prepare and practice to ensure success!
3. ***Take advantage of your campus resources***—As intimidating as it can be for freshmen entering high school, they should take advantage of their first Spring semester to become acquainted with their surroundings and all of the resources that their school offers so that they can utilize them in the future. Additionally, while getting familiar with the school throughout the years, students should always check in to make sure they're aware of any new campus resources.
4. ***Meet with your counselor*** - You should always meet with your academic counselor or advisor to check in on your academic progress, plan for your educational goals, and find appropriate internships. Students should try to meet with their counselor at least once a month to get to know them better. Your academic advisor can write you a better recommendation letter if they have had more interactions and conversations with you over time!
5. ***Attending college fairs and information sessions*** - High school is a time to explore your passions and to prepare for college admission; therefore, it is highly encouraged that you participate in college fairs and information sessions hosted by college representatives during this time. College fairs and information sessions will provide general admission information and allow you to meet the reps in person, ask any questions, and expand your knowledge about your dream schools.
6. ***Visit a college campus***—You should always visit college campuses during the spring instead of the summer if you have the chance. Around late spring, when the weather is better, you can talk with admission officers and students, and take a tour around campus to see whether you want to study here in the future. Colleges always have events for high school students and their family members to take a tour, even staying overnight in the dorms to get a genuine taste of college life!
7. ***Plan your summer*** - The spring semester is also a time for you to plan your summer. Depending on your passions and interests, you can fill it with volunteer opportunities, summer courses, internships, traveling, or anything that makes you happy and benefits you in the long run. We strongly encourage all of you to participate in the Upward Bound Summer Program. Not only will you have the opportunity to make new friends and experience what college life will be like, but you will get paid, get to participate in fun activities, and attend our various trips!



3/1—Jordan Vergil

3/2—Shanna Gunwall

3/3—Kaiya Hudson

3/20—Devan Marshall-Passero

3/20—Ashlyn Hack

3/29—Addie Diers

3/31—Santos Betancud

TIP OF THE HAT

Karsen S—nailed her role in the Johnny Casino & the Band in the Grease musical

Addie D, Dani C, Mia R, Haley H, Tiana C, Payton H, Cyrus W, and Fayt A — out for track

Arianna R—placed in two events in speech OID and POI

Tehgan G—out for golf

Carter P—qualified for state swimming and metaled in a number of events!

UB Alumna MiaKayla Koerber—hired at Chadron High as the new Industrial Arts teacher



Dani Cole—March Student of the Month



Hometown: Alliance, NE

Grade: 10th

What is your favorite class? Why? “My favorite class is Psychology. I enjoy it because it's entertaining to figure out why people are the way they are and conduct themselves the way that they do.”

What is a goal that you want to accomplish this year? “I don't have any specific goals this year other than, living in the present, and focusing on becoming the best version of myself constantly.”

What are your favorite hobbies? “My favorite hobby is hitting the track for a run or walk.”

Who is your biggest peer supporter? “My biggest supporter in the school is Mr. Crile. He is always ready and willing to listen to any concerns I may have!”

What is your favorite part of UB? “My favorite part of Upward Bound is everything that UB provides. Opportunities that I have participated in have helped me tremendously and I have gotten chances to do a lot of things that a lot of students just don't get.”

Where do you want to attend college? “I'm not quite sure yet about where I want to attend college. I am leaning more towards attending a college in the Southern part of the United States.”

What would you study while attending college? And why? “I'm eyeing BSW (Bachelor of Social Work). I'm all about helping kids as a pediatric psychologist, so I reckon this would set me upright.”

What advice would you give to your peers or others? “The advice I would give is to live in the moment. Time's ticking, and yesterday's history. Tomorrow isn't guaranteed, so soak up today.”

Advisor Quote: “Dani is a vivacious student to be around, and her attitude positively rubs off on her peers making the environment awesome! She has a heart for learning new things, she is also optimistic about herself and her future and willing to help whenever she can. The growth and her perspective on life will fuel her into Greatness!!” - Mr. Coy- UB Advisor