

Feb. 2022

HAPPY  
VALENTINES

→ DAY →

Upward Bound



## Breckenridge, CO

On Sunday, January 23rd, Kevin and Heather set off on an adventure with the four writing contest winners from the 2021 Summer Program—Ty and Wyatt Brady, Kyra Kubo, and Trinity Bannan. Next stop—Breckenridge, CO! Our first night in Breckenridge, we feasted on elk, scallops, short ribs, and more! After a long day of driving and with our bellies full, we headed

off to find the hot tubs and sauna. The next day we attempted ski lessons and a tubing hill in Frisco. Everyone loved the tubing hill—the skiing maybe not so much! Tuesday we woke up to a temperature that felt like -20 so we opted for a pretty relaxing day of shopping and playing cards by the fire. That night we all participated in ax throwing for the first time! Kevin came in first, hitting the bullseye multiple times! Wednesday was a day full of cold and snowy adventures. We started the day off at Country Boy Mine where we enjoyed a Monster Truck Sleigh Tour through the mountains, extreme sledding, and a tour of a gold mine. That afternoon we walked around downtown Breckenridge to watch ice sculptors create their masterpieces for the 2022

International Snow Sculpture Championships. Later that day, we got the opportunity to ride in a snowcat through Cucumber Gulch. We ended the trip with a visit to the local Escape Room, where we worked as a team to save the Breckenridge Wizard School's owl mascot. We accomplished the mission with 21 minutes to spare! It was an amazing trip with a great group!





*Happy Valentine's Day*



# Academic Advisor Update

## Kevin Coy Jr.—Chadron H.S.

Business-related topics, such as job interviews, Economics, Accounting, Marketing, Business Calculations, Intro to FBLA, and more. CHS Upward Bound Student Riley Ambrose placed First in Accounting! If you see him around, congratulate him on a job well done!

On to other happenings inside Chadron High, notable Black Americans are being celebrated all month with their contributions to society. Pictures and what they have accomplished to advance our society are displayed around the school to check out.

Sports have been a success for both Boys and Girls Basketball has an impressive season matching 12 wins and six losses. Students have been showing their school spirit by attending games in support!

Speaking of school spirit, all FCCLA members are baking cookies for Valentine's Day. Please see Mrs. Budler to order some delicious baked cookies.

## UB CHS February Upcoming

### Events:

17<sup>th</sup>—Lunch Meeting



## Kevin Coy Jr.—Alliance H.S.

Walking down the halls at AHS you can feel the love in the air. Hallways are decorated with hearts, love notes, and other themed props that let you know that Valentine's Day is around the corner. The best part of this addition are the halls are decorated by Alliance High students. Thank you to Student Council, Prom Committee, and Ms. Smith for spreading the love and positivity throughout the school!

Hold On Persuade Empower (HOPE Squad) is a peer-to-peer suicide prevention program that AHS has implemented and plans to expand into the Middle School and Elementary schools soon. Be on the lookout for Hope Week which, will take place February 14- 18. Empowering letters acts of kindness will be displayed throughout the week. There is a nomination process to participate, so please see Mrs. Nelson, the AHS secretary, if you want to learn more!

## UB AHS February Upcoming

### Events:

16<sup>th</sup>—Lunch Meeting

**Kindness begins with the understanding that we all struggle.**

—CHARLES GLASSMAN

## Brad Gaston—Crawford H.S.

February what a great month to show others you care about them. A card, a text, any little thing goes a long way. Go out of your way to let people know you care.

FFA career development on February 2nd.

Boys' and girls' basketball at Crawford against Cody-Kilgore on February 4<sup>th</sup> - also Senior night.

Sioux County comes to Crawford for boys' and girls' basketball on February 8<sup>th</sup> and then we play Hay Springs on February 10<sup>th</sup>.

District wrestling on February 11<sup>th</sup> and 12<sup>th</sup> in Bridgeport, State wrestling is on February 17<sup>th</sup>, 18<sup>th</sup> and 19<sup>th</sup>.

Girls sub districts begin February 14<sup>th</sup> and districts are February 25<sup>th</sup>

## 6 Tips for Parents of Future First-Generation College Students

### **1. Forget the idea that your student has to pursue a particular major or path to achieve success after college.**

There is so much pressure to attend college because it has become an economic imperative—the path to good jobs and financial security includes a college degree. But college also provides a broad skill set that can be used across the many careers your children will engage in over a lifetime of work. College provides networks that lead to professional success and support, and opportunities to build résumés full of skills that employers will find relevant.

Students should choose a major they can excel in, not necessarily one that seems career-specific. Employers will hire an English major with a 3.6 GPA over a finance major with a 2.6 GPA. It is most important to prove that you are smart. Remind your student that the big picture skills will come with either choice. Narrow skills can also come with graduate school if needed (Law, Business, Medicine, etc.).

### **2. Do the financial homework together with your student.**

A good source is [www.finaid.org](http://www.finaid.org) and it is free! Beware of websites or consultants that charge large fees for scholarship searches that you can conduct yourself with some time and effort. When researching, remember, too, that there is a difference between what is called the “sticker price” and the actual price of college. The majority of students do not actually pay the published amount of tuition. Deduct any scholarships, federal or state financial aid, or work-study funds from that amount and what remains is your actual price. Thus, the actual price per year can go down from \$40,000 to a few thousand dollars in the case of some private colleges, or from a few thousand dollars to zero for public colleges. This is why it is so important to work with your student’s financial aid office.

### **3. Encourage your student not limit themselves to classes and the library.**

They also need jobs, internships, and extracurricular activities to build résumés, relationships, and workplace skills ranging from time management and customer service to leadership. Connections made through a part-time job or an internship can lead students to their first job after college or provide letters of recommendation. Ask your child if they have visited the Career Office by second semester of their freshman year and encourage them to get the ball rolling on internships. Throughout high school most students have part-time jobs and engage in some form of community service; they should keep it up in college. Ask how they plan to stay involved in the things they have enjoyed before. There will be resources on campus to help them pursue those interests.

### **4. Communicate with your student about asking questions in class, seeking help, and using resources like the tutoring center, career office, or counselling center.**

Silence is not golden in college. Asking for help or support is a sign of your student’s interest, engagement, and strength. Faculty members and advisors on campus value students who are curious and who (politely) advocate for themselves. Furthermore, campus resources are funded by tuition dollars. Not to use every resource is a waste of your tuition dollars. If your student says he or she is struggling to write a paper or has not done well on an exam, then ask if he or she has been to the campus writing center or met with their professors or tutors. Remind your student, using your own experiences if you can, that it is better to get guidance than muddle along alone.

### **5. Prepare your student for a college culture of reading.**

Encourage your child to try advanced books in any genre but to mainly always have a book their hands. Over time their interests will broaden. They have to value the experience of reading, as college demands so much of it. Try reading the same book as your child so you can talk with them about it. This integrates yourself into the college culture your student will soon become part of and helps support them.

### **6. Expose your student to cultural experiences before college.**

Students should be exposed to museums, concerts, the *New York Times*, and other things that are commonplace for families with several generations of college behind them. This exposure now will make your students more comfortable when they are in groups of people that may already have this kind of cultural awareness. In her autobiography *My Beloved World*, Supreme Court Justice Sonia Sotomayor, herself a first generation graduate of Princeton, talks about how she had to catch up in order feel part of a group at school and at work. Give your first-generation college student a head start by exposing him or her to as much worldly culture as possible early on. Preparing for college is a collaborative experience. Students need familial support. What they tend not to need is pressure. Being a cheerleader and a guide will be the most useful. The long-term goal is the same: college graduation.



2/3—**Dylan Busch**

2/7—**Alexis Green**

2/7—**Neffie McMann**

2/23—**Trey Thompson**

2/23—**Mr. Gaston**



### **TIP OF THE HAT**

**Riley Ambrose** placed first in Accounting at CSC Best of the West Business Invitational

**Hallie Chipperfield** received a silver medal at the District FCCLA Star Event Competition

**Crawford High Seniors—Hayes, Talen, Madi, Aisha, and Jacob** - applying for scholarships and selecting a college to attend in the fall

**Alex Williams Hardy** obtained his drivers permit

**Ayla Kephart** awarded a Theater Scholarship from Hastings College

**Dylan Busch** purchased a new car with his own money

**Christian Hanson** always in a good mood

**Anthony Huber** always ready with a pun

**Emma Peters** PR'd in many events at her January swim meet



## **Wyatt Brady—February Student of the Month**



Wyatt Brady is a sophomore at Crawford High School. He has been in the Upward Bound program for one year. Wyatt plays football for Crawford High and also wrestles in the winter. In the summertime, he participates in the Upward Bound summer program and works at Dairy Sweet.

Wyatt enjoys learning about many things including History, Math, and English. After high school, he plans on attending a trade school to learn more about Welding.

Wyatt participated in the 2021 UB Summer Program and was one of the Writing Contest Winners, receiving an all-expense paid trip to Breckenridge, CO. Wyatt said that “Upward Bound has helped me to experience new things and meet new people.” He said that he also enjoys Mr. Gaston’s lunch meetings.

“Wyatt is an excellent student. He brings energy to any room. Wyatt has natural leadership skills that allow him to push his classmates and teammates to

be the best they can be. Wyatt is becoming a true gentleman, and I cannot wait to see the amazing things he does in his future.” - Mrs. McLendon, CrHS ELA Teacher

“I was fortunate enough to get to know Wyatt over the course of our 2021 UB summer camp. In the beginning of camp, he was more reserved and quiet and mostly did things with his brother or the other Crawford students. By the end of camp you could find him with any group, cracking jokes and chasing people around in the rollie chairs. Wyatt brings to the Upward bound group a lot of fun facts, great conversations, and competitiveness! I am excited to get to work with him and the entire group of UB students next summer.” - Gabi Perez, UB Team Leader