

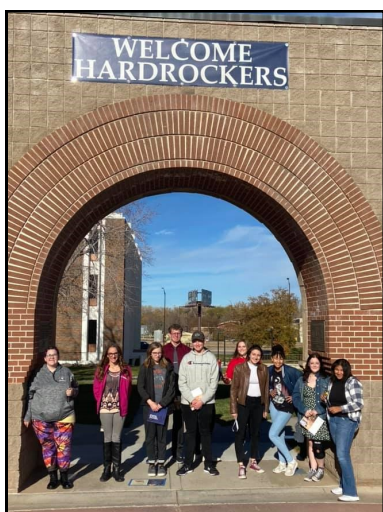


Master Chef Live!

On Thursday, November 4th a group of UB 'Master Chefs' headed to



Rapid City, SD for an unforgettable adventure!



Our first stop was South Dakota School of Mines where students learned about the various STEM majors offered at SDSM, along with a tour of the campus. Students were able to see inside the robotics lab, the Hardrockers gym, and much more! This college not only offers Nebraska residents in-state tuition, but they also have a program called "SD First" that is a scholarship program specifically for first generation students., making this a very affordable option!

After a delicious dinner at Mackenzie River, we were off to use our VIP Tickets to the Master Chef Live Show at The Monument. We arrived an hour before the show and had the opportunity to meet the chefs up close and in-person! We had the chance to ask them questions and get to know them, as well as take individual pictures with Chef Suu from Season 11 of MasterChef and Chef Mikey from Season 6 of MasterChef Junior. They even gave us an autographed poster!



The show featured Chef Suu, Chef Mikey, and Chef Malia in an interactive production of cooking challenges from sea scallops, to mystery boxes, to cupcake decorating. The chefs entertained us with their amazing cooking skills, great personalities, and we all left inspired chefs!





Academic Advisor Update

Kevin Coy—Alliance H.S.

December 7, 1 pm & December 9 @ 9 am - College reps from the University of Wyoming will be at AHS. If you would like a pass to see either of these reps, please see Mrs. Willard or Mr. Lanik.

December 8—Locker Decoration for the holiday season! Prizes will be awarded to the best 3 decorated lockers! Please see Mrs. Roberts or Mrs. Hiemstra for more details.

December 9- 2021 AHS Xmas Concert

December 11 -Wrestling: Varsity Tournament @ Cheyenne East

Boys BB @ Hastings

Girls BB @ Hot Springs

ACT Registration Deadline—For test date February 12, 2022 you must sign up by January 7, 2022 . Please see Mrs. Willard or Mr. Lanik for more details and receive a waiver if you qualify.

UB AHS December Upcoming Events:

- **15th—Lunch Meeting**

Kevin Coy—Chadron H.S.

December 9- B&G Varsity Wrestling vs Alliance

December 10- B&G Basketball @ Home vs. Gordon-Rushville

December 11- B&G Wrestling @ Gordon-Rushville & B&G Basketball @ Home vs Gering

December 16- 6-12 Vocal Musical Concert CHS Auditorium

December 20- 6-12 Band Concert CHS Auditorium

ACT Registration Deadline—

For test date February 12, 2022, the deadline to sign up is January 7, 2022. Please see Mrs. Watson for more details and receive a waiver if you qualify.

UB CHS December Upcoming Events:

16th Lunch Meeting



Brad Gaston—Crawford H.S.

Wow! I can't believe it is December already!

The first basketball games (both boys and girls) were December 2nd at Sioux County. Girls and boys basketball played again, at Bayard on Dec 4th.

Wrestlers went to Hemingford on December 2nd. The Mullen wrestling match took place on the 4th of December.

Annual FFA Chapter meeting is December 16th—Christmas Edition.

December 17th is an early out, at 12:30, and that ends school for Christmas break.

School resumes January 4th.

*Merry
Christmas
everybody!*

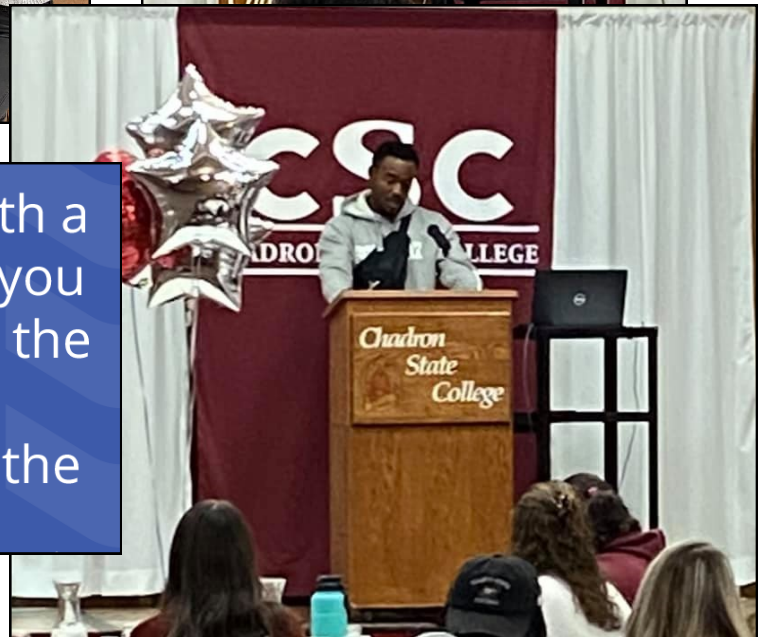
Stay up-to-date on Upward Bound Happenings by:

- **Signing up for Upward Bound Reminds** — Text 81010 to @8822edcscc
- **Add Csc Upward Bound as a friend on Facebook**
- **Check out our website**—www.csc.edu/upwardbound/

November 8th was selected as the date for the annual National First-Generation College Celebration to honor the anniversary of the signing of the Higher Education Act (HEA) of 1965. HEA emerged out of President Lyndon B. Johnson's War on Poverty. Much like other hallmark legislation of that era, HEA was intended to help level a playing field that for too long had been weighed against Americans from minority and low-income backgrounds. In addition to creating federal grants and loan programs to help students finance their educations, the legislation made key investments in institutions of higher education. Additionally, HEA ushered in programs, particularly the Federal TRIO programs (UPWARD BOUND!!), necessary for postsecondary access, retention, and completion for low-income, potential first-generation college graduates.



On Monday, November 8th, 2021, Upward Bound partnered with CSC Project Strive to host a First Generation Celebration Dinner. This special evening was dedicated to celebrating the success of first-generation students in both the Upward Bound and Project Strive programs. Guest speakers included Dr. Alaric Williams, Dean of Professional Studies & Applied Sciences at CSC, who spoke on how "It's Not How You Start", it's how you finish. Dr. Williams was a first-generation college student himself. Following Dr. Williams, was Project Strive student Bobby Peele. Bobby spoke to the attendees about "Second Chances and What You Make of Them" with an inspirational story about his time in the California Penitentiary and he used that experience to change his life for the better.



"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world." -Harriet Tubman

TIP OF THE HAT

Ty Brady, Wyatt Brady, and Justus Frahm for their performance in the One Act play “The Necklace”

Chadron High One Act Team for winning their Western Conference and Gering Invite with their production of ‘Crimes At the Old Brewery’.
Congrats to **Emma Peters, Ayla Kephart, Leah Weber, Alex Williams Hardy, HolliAnn McMann, and Kyra Kubo!**

Paden Morava and Wyatt Brady for their participation and contributions to the Crawford High Wrestling Team

Hayes Frahm, Talen Huggett, Justus Frahm, Cyrus Walter, Payton Horan and Payton Swanson for participating in basketball at Crawford High

Jakob Walters for an outstanding academic performance this semester

Dylan Busch for placing 2nd in the district in the Academic Decathlon in the Art category

Kyra Russell for working hard in the classroom this semester



UB Quarterly Meetings:

December 4th @ Bomgaars in Chadron, NE - 10 AM.

February 5th @ CSC Student Center—10 a.m.

April TBD @ CSC—The Big Event

Katelyn Heisler —December Student of the Month



Getting to know Katelyn Heisler

Hometown: **Spanish Fort, Alabama.**

School/Grade: **Alliance High School, 9th grade.**

What is your favorite class? Why? **“Social Studies, I love social studies because of how much you learn about your history and how much people have changed over the years. It gives you a wider variety of views on people.”**

What is a goal that you want to accomplish this year? **Straight A's all year long, be more social.**

What are your hobbies? **Art, Writing, Journaling.**

What is your favorite part of Upward Bound? **“The opportunities.”**

Where do you want to attend College? **“Undecided”**

What do you want to study while attending College? And why? **“I want to study Politics/Law or Science in college because I am really looking forward to going into forensic science, biology of some kind, and/ or becoming a lawyer.”**

What other extracurricular activities are you a part of? **“FCCLA, and Golf.”**

“During your short time in Upward Bound, you have exceeded your duties as a student in our program. You have maintained good grades, attended, signed up, and even communicated when you could not make some of them! The kind of effort you have shown thus far has been outstanding, and I know you will do great things in any future endeavor you choose. Keep up the great work!” - Kevin Coy, AHS Upward Bound Academic Advisor