

**Advising Template**  
**LCCC ES Sport Mgmt to CSC Sport/Rec Mgmt: Strength and Conditioning Option**  
**22-23**

**Year 1 - LCCC**

Fall Semester			Spring Semester			Summer Semester		
KIN 1010	Intro to Sport MGMT	3	BADM 1000	Intro To Business	3			
ENGL 1010	English Composition I	3	SOC 1150	Sociology of Sport	3			
MATH 1400	College Algebra	3	HLED 1006	Personal Health	3			
STRT 1000	Strategies for Success	3	AECL 1000	Agroecology	4			
COM 2010	Public Speaking	3	OR GEOL 1200	History of Earth				
			OR BIOL 1002	Discovering Science				
				US/WYO Constitution	3			
<b>Total Hours</b>		15	<b>Total Hours</b>		16	<b>Total Hours</b>		0

**Year 2 - LCCC**

Fall Semester			Spring Semester			Summer Semester		
CMA 1200	Computer Info System	3	MGT 2100	Principles of Mgmt	3			
ECON 1010	Macroeconomics	3	MKT 2100	Principles of Mktg	3			
KIN 2200	Rec and Leisure in Modern	2	COMM 1000	Intro to Mass Media	3			
HLED 1221	Standard First Aid and Safety	2	COMM 2400	Intro to Photography	3			
SOC 1000	Sociological Principles	3	KIN 2490	Hist and Phil of Sport	3			
	PEAC Elective	1						
<b>Total Hours</b>		14	<b>Total Hours</b>		15	<b>Total Hours</b>		0

**Year 3**

Fall Semester			Spring Semester			Summer Semester		
HPER 232	Applied Exer Physiology	3	HPER 204	Training Methods	3			
HPER 336	Fitness Evaluation	3	HPER 429	Motor Movement	3			
HPER 449	Event and Facility Mgmt	3	HPER 333	Leadership in Rec	3			
HPER 440	Care and Prevent of Injuries	3	HPER 337	Rec for Diverse Populations	3			
BIOL 121	Biology	3	HPER 320	Practicum	3			
<b>Total Hours</b>		15	<b>Total Hours</b>		15	<b>Total Hours</b>		0

**Year 4**

Fall Semester			Spring Semester			Summer Semester		
HPER 437	Sport Law	3	HPER 490	Internship	3			
HPER 439	Biomechanics	3	HPER 447	Nutrition for Spt & Well	3			
HPER 456	Ess of Strength and Condi	3		Minor/2nd Option	3			
	Minor/2nd Option	3		Minor/2nd Option	3			
	Minor/2nd Option	3		Minor/2nd Option	3			
<b>Total Hours</b>		15	<b>Total Hours</b>		15	<b>Total Hours</b>		0