

Chadron State College

4 Year Course Rotation

1 = Face-to-Face Delivery (0100, 0200, etc.)

2 = Online Only Delivery (7901, 7902, etc.)

3 = Hybrid = Face-to-Face and Online (9901, 9902, etc.) The course is part online and part face-to-face

4 = Blended = One course with two different modes (8901, 8902, etc.) Student takes course either face-to-face or fully online

REVISED = 2/2/2024

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School	Department	Subject	Course #	Essential Studies/Student Learning Outcomes	Course Title	Summer 2024	Fall 2024	Spring 2025	Summer 2025	Fall 2025	Spring 2026	Summer 2026	Fall 2026	Spring 2027	Summer 2027	Fall 2027	Spring 2028
		i.e. HPER	i.e. 216	Component	i.e. Weight Training												
PSAS	CSC-HPER	HPER	107	ES 11	INDIVIDUAL SPORTS ACTIVITIES		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	107	ES 11	INDIVIDUAL SPORTS ACTIVITIES		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	108	ES 11	FITNESS ACTIVITIES		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	111	ES 11	SOCIAL DANCE			3			3			3			3
PSAS	CSC-HPER	HPER	120	ES 11	OUTDOOR ACTIVITIES		3				3		3				3
PSAS	CSC-HPER	HPER	122		FOUNDATIONS OF HEALTH & PE		3			3			3			3	
PSAS	CSC-HPER	HPER	134		INTRO TO ATHLETIC TRAINING		3			3			3			3	
PSAS	CSC-HPER	HPER	204		TRAINING METHODS			3			3			3			3
PSAS	CSC-HPER	HPER	207	ES11	TEAM SPORTS ACTIVITIES		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	220		THEORY & PSYCHOLOGY OF COACHING		2	2		2	2		2	2		2	2
PSAS	CSC-HPER	HPER	220		THEORY & PSYCHOLOGY OF COACHING		2			2			2			2	
PSAS	CSC-HPER	HPER	221		RECREATION PROGRAMING			3						3			
PSAS	CSC-HPER	HPER	232		APPLIED EXERCISE PHYSIOLOGY		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	233	ES 11	PERSONAL HEALTH/WELLNESS	2	3	3	2	3	3	2	3	3	2	3	3
PSAS	CSC-HPER	HPER	233	ES 11	PERSONAL HEALTH/WELLNESS		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	233	ES 11	PERSONAL HEALTH/WELLNESS		2	2		2	2		2	2		2	2
PSAS	CSC-HPER	HPER	233	ES 11	PERSONAL HEALTH/WELLNESS		2	2		2	2		2	2		2	2
PSAS	CSC-HPER	HPER	234		INTRO TO SPORT & RECREATION	2	3		2	3		2	3		2	3	
PSAS	CSC-HPER	HPER	234		INTRO TO SPORT & RECREATION		2			2			2			2	
PSAS	CSC-HPER	HPER	236		HEALTH TOPICS FOR TEACHERS	2		2				2		2			
PSAS	CSC-HPER	HPER	237		ETHICS IN SPORT		2			2			2			2	
PSAS	CSC-HPER	HPER	325		TEACHING IND/DUAL SPORTS		3			3			3			3	
PSAS	CSC-HPER	HPER	332		SAFETY AND FIRST AID		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	332		SAFETY AND FIRST AID		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	333		LEADERSHIP IN RECREATION	2		2	2		2	2		2	2		2
PSAS	CSC-HPER	HPER	335		ADMINISTRATION OF SPORT AND REC.	2		2	2		2	2		2	2		2
PSAS	CSC-HPER	HPER	336		FITNESS EVAL & EXERCISE PRESCR		3			3			3			3	
PSAS	CSC-HPER	HPER	337		RECREATION FOR DIVERSE POPULATIONS	2		3	2		3	2		3	2		3
PSAS	CSC-HPER	HPER	339		THEORY OF HEALTH AND PHYSICAL EDUC K-8	2	3	2	2	3	2	2	3	2	2	3	2
PSAS	CSC-HPER	HPER	340		PRACTICUM IN STRENGTH & CONDIITONING			3			3			3			3
PSAS	CSC-HPER	HPER	342		GROUP FITNESS INSTRUCTION		3						3				
PSAS	CSC-HPER	HPER	343		DIVERSITY AND INCLUSION IN SPORT						2			2			2
PSAS	CSC-HPER	HPER	400		INDEPENDENT STUDY OR RESEARCH												
PSAS	CSC-HPER	HPER	422		INTRO TO ADAPTED PHYS ED	2		3	2		3	2		3	2		3
PSAS	CSC-HPER	HPER	427		RHYTHMIC MOVEMENT		3			3			3			3	
PSAS	CSC-HPER	HPER	428		CURRICULUM IN HEALTH EDUCATION		3										
PSAS	CSC-HPER	HPER	429		MOTOR MOVEMENT	2		3	2		3	2		3	2		3
PSAS	CSC-HPER	HPER	430		SEMINAR IN HPER	2			2			2			2		
PSAS	CSC-HPER	HPER	431		PUBLIC HEALTH						2						2

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		i.e. HPER	i.e. 216	Component	i.e. Weight Training												
PSAS	CSC-HPER	HPER	432		TESTS & MEASUREMENTS IN PE		3										
PSAS	CSC-HPER	HPER	433		ADVANCED ATHLETIC TRAINING					3				3			3
PSAS	CSC-HPER	HPER	435		CURRICULUM AND ASSESSMENT IN PHYSICAL EDUCATION			3			3			3			3
PSAS	CSC-HPER	HPER	436		ADVENTURE BASED LEARNING				2	3						2	3
PSAS	CSC-HPER	HPER	437		LEGAL ASPECTS OF SPORT AND RECREATION	2	2		2	2		2	2		2	2	
PSAS	CSC-HPER	HPER	439		BIOLMECHANICS OF SPORTS		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	440		PREVENTION & CARE/ATHLETIC INJ		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	441		SCHOOL HEALTH PROGRAMS					2						2	
PSAS	CSC-HPER	HPER	442		AQUATICS/WATER SAFETY		3	3		3	3		3	3		3	3
PSAS	CSC-HPER	HPER	443		CURRICULUM AND ASSESSMENT IN HEALTH EDUCATION								2				
PSAS	CSC-HPER	HPER	449		EVENT & FACILITY MANAGEMENT	2	2		2	2		2	2		2	2	
PSAS	CSC-HPER	HPER	453		SPORTS OFFICIATING					3						3	
PSAS	CSC-HPER	HPER	454		PRINCIPLES OF PERSONAL TRAINING			3			3			3			3
PSAS	CSC-HPER	HPER	455		HEALTH EDUCATION METHODS					2			2			2	
PSAS	CSC-HPER	HPER	456		ESSENTIALS OF STRENGTH & CONDITIONING		3			3			3			3	
PSAS	CSC-HPER	HPER	457		RESEARCH METHODS AND EVIDENCE BASED PRACTICE					3			3			3	
PSAS	CSC-HPER	HPER	490		INTERNSHIP IN HPER	2	2	2									
PSAS	CSC-HPER	HPER	491		INTERNSHIP IN ATHLETIC ADMINISTRATION				2	2	2	2	2	2	2	2	2
PSAS	CSC-HPER	HPER	492		INTERNSHIP IN COMMUNITY AND ADVENTURE RECREATION				2	2	2	2	2	2	2	2	2
PSAS	CSC-HPER	HPER	493		INTERNSHIP IN FITNESS AND WELLNESS				2	2	2	2	2	2	2	2	2
PSAS	CSC-HPER	HPER	494		TECHNIQUES OF COACHING I		3			3			3			3	
PSAS	CSC-HPER	HPER	495		TECHNIQUES OF COACHING II			3			3			3			3
PSAS	CSC-HPER	HPER	496		INTERNSHIP IN COACHING				2	2	2	2	2	2	2	2	2
PSAS	CSC-HPER	HPER	499		INTERNSHIP IN STRENGTH AND CONDITIONING	2	2	2	2	2	2	2	2	2	2	2	2
PSAS	CSC-HPER	HPER	500		INDEPENDENT STUDY OR RESEARCH												
PSAS	CSC-HPER	HPER	522		ADAPTED PHYS EDUC	2			2			2			2		
PSAS	CSC-HPER	HPER	528		ADVANCED COACHING PHILOSOPHY					2							
PSAS	CSC-HPER	HPER	530		SEMINAR IN HPER	2			2			2			2		
PSAS	CSC-HPER	HPER	541		ORG/DEV OF COMPREHENSIVE SCHOOL HEALTH PROG					2						2	
PSAS	CSC-HPER	HPER	532		ADV PHYSIOL OF EXERCISE												
PSAS	CSC-HPER	HPER	533		PE IN ELEM SCHOOL				2						2		
PSAS	CSC-HPER	HPER	535		ADVANCED CURRICULUM AND ASSESSMENT IN PHYSICAL ED			2			2			2			2
PSAS	CSC-HPER	HPER	536		NCAA RULES		2						2				
PSAS	CSC-HPER	HPER	537		SPORT LAW			2			2			2			2
PSAS	CSC-HPER	HPER	539		BIOLMECHANICS OF SPORTS												
PSAS	CSC-HPER	HPER	543		ADVANCED CURRICULUM AND ASSESSMENT IN HEALTH ED								2				
PSAS	CSC-HPER	HPER	590		INTERNSHIP IN HPER												
PSAS	CSC-HPER	HPER	600		INDEPENDENT STUDY OR RESEARCH												
PSAS	CSC-HPER	HPER	632		CURRENT STUDIES/ADMIN PE	2						2					

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PSAS	CSC-HPER	HPER	634		TEST & MEASUREMENTS PE												
PSAS	CSC-HPER	HPER	637		SPORTS MANAGEMENT			2			2			2			2
PSAS	CSC-HPER	HPER	638		PROBLEMS/INTERSCHOOL ATH												
PSAS	CSC-HPER	HPER	655		SCHOLARLY PROJECT												
PSAS	CSC-HPER	HPER	660		THESIS												
PSAS	CSC-HPER	HPER	690		INTERNSHIP IN HPER												

						Summer 2024	Fall 2024	Spring 2025	Summer 2025	Fall 2025	Spring 2026	Summer 2026	Fall 2026	Spring 2027	Summer 2027	Fall 2027	Spring 2028
PSAS	CSC-HPER	AT	501		CLINICAL EDUCATION I		3										
PSAS	CSC-HPER	AT	502		CLINICAL EDUCATION II			3									
PSAS	CSC-HPER	AT	503		CLINICAL EDUCATION III				3								
PSAS	CSC-HPER	AT	523		FUNCTIONAL ANATOMY AND PHYSIOLOGY	3											
PSAS	CSC-HPER	AT	527		LOWER EXTREMITY EXAM, TREATMENT & REHAB		3										
PSAS	CSC-HPER	AT	528		UPPER EXTREMITY EXAM, TREATMENT & REHAB		3										
PSAS	CSC-HPER	AT	529		ORG, ADMIN. AND LEADERSHIP IN HEALTH CARE & AT					2							
PSAS	CSC-HPER	AT	536		HUMAN MOVEMENT, GAIT AND POSTURAL ASSESSMENT			3									
PSAS	CSC-HPER	AT	539		ADV EMERGENCY MEDIAL TECHNIQUES	3											
PSAS	CSC-HPER	AT	540		THERAPEUTIC MODALITIES AND MANUAL THERAPIES	3											
PSAS	CSC-HPER	AT	545		EVIDENCE BASED PRACTICE				3								
PSAS	CSC-HPER	AT	606		CLINICAL IMMERSION IN ATHLETIC TRAINING					2							
PSAS	CSC-HPER	AT	610		GENERAL MEDICAL CONDITIONS		3										
PSAS	CSC-HPER	AT	611		PHARMACOLOGY				3								
PSAS	CSC-HPER	AT	615		RESEARCH PROCESS AND PRACTICE		3										
PSAS	CSC-HPER	AT	629		HEAD, NECK & SPINE EXAM, TREATMENT AND REHAB			3									
PSAS	CSC-HPER	AT	630		SEMINAR IN AT: EMERGING PRACTICES					2							
PSAS	CSC-HPER	AT	650		BOARD OF CERTIFICATION PREP					2							
PSAS	CSC-HPER	AT	651		BOARD OF CERTIFICATION PREP II						2						
PSAS	CSC-HPER	AT	660		CLINICAL IMMERSION IN ATHLETIC TRAINING II						2						
PSAS	CSC-HPER	AT	691		ATHLETIC TRAINING CAPSTONE I			3									
PSAS	CSC-HPER	AT	692		ATHLETIC TRAINING CAPSTONE II						2						