Advising Template BA Sport and Recreation - Strength and Conditioning 23-24

	Fall Semester		Spring Semester			Summer Semester	
	FYI	6		ES #2	3	Summer Semester	
HPER 234	Intro to Recreation	3	HPER 232	Applied Exercise Physiol	3		
BIOL 121	Human Biology	2			Ē		
Biol 121L	Human Biology Lab	1		Minor Elective	3		
	Minor Elective	3		ES #4	3		
			HPER 220	Theory of Coaching	3		
	Total Hours	15	-	 Total Hours	15		(
Year 2		15		Total Hours	15		
	Fall Semester			Spring Semester		Summer Semester	
	ES #5	3		ES #7	3		
	ES #3	3		ES #8	3		
MKTG 231	Principles of Marketing	3	HPER 204	Training Methods	3		
	Minor Elective	3	HPER 335	Administration of Sp. & Rec	3	<u> </u>	
	Minor Elective	3	HPER 333	Leadership in Rec	3		
		Ĵ					
	Total Hours	15		Total Hours	15	 Total Hours	(
Year 3	Total Hours	15		lotal field 5	15	lotarnouis	
Fall Semester			Spring Semester			Summer Semester	
	ES #9	3		Capstone	3		
	ES #10	3		ES #11	3		
HPER 440	Care and Prevent of Injur	3	FCS 447	Nutrition for Sports	3		
HPER 340		3	HPER 337		2		
HPER 340	Practicum in S & C or	5	INPER 337	Rec for Special Pop	3		
HPER 340	Minor elective	5	HPER 337 HPER 340	Practicum in S & C or	3		
HPER 340 HPER 336		3					
	Minor elective			Practicum in S & C or			
	Minor elective			Practicum in S & C or		Total Hours	(
	Minor elective Fitness Eval & Exer Pers Total Hours	3		Practicum in S & C or Minor Elective Total Hours	3		(
HPER 336 Year 4	Minor elective Fitness Eval & Exer Pers Total Hours Fall Semester	3		Practicum in S & C or Minor Elective	3	Total Hours Summer Semester	(
HPER 336 Year 4 HPER 437	Minor elective Fitness Eval & Exer Pers Total Hours Fall Semester Legal Aspects of Sport	3		Practicum in S & C or Minor Elective Total Hours Spring Semester	3		(
HPER 336 Year 4 HPER 437 HPER 449	Minor elective Fitness Eval & Exer Pers Total Hours Fall Semester Legal Aspects of Sport Event and Facility Mgmt	3 15 3 3 3	HPER 340	Practicum in S & C or Minor Elective Total Hours Spring Semester Minor Elective	3 15 3		(
HPER 336 Year 4 HPER 437 HPER 449	Minor elective Fitness Eval & Exer Pers Total Hours Fall Semester Legal Aspects of Sport	3 3 15 3 3 3 3		Practicum in S & C or Minor Elective Total Hours Spring Semester	3 15 3 3 3		(
HPER 336 Year 4 HPER 437	Minor elective Fitness Eval & Exer Pers Total Hours Fall Semester Legal Aspects of Sport Event and Facility Mgmt	3 15 3 3 3	HPER 340	Practicum in S & C or Minor Elective Total Hours Spring Semester Minor Elective Motor Movement Internship	3 15 3 3 3		(
HPER 336 Year 4 HPER 437 HPER 449 HPER 439	Minor elective Fitness Eval & Exer Pers Total Hours Fall Semester Legal Aspects of Sport Event and Facility Mgmt Biomechanics of Sports Minor Elective	3 15 3 3 3 3 3	HPER 340	Practicum in S & C or Minor Elective Total Hours Spring Semester Minor Elective Motor Movement Internship Minor Elective	3 15 3 3 3 3 3		(
HPER 336 Year 4 HPER 437 HPER 449 HPER 439	Minor elective Fitness Eval & Exer Pers Total Hours Fall Semester Legal Aspects of Sport Event and Facility Mgmt Biomechanics of Sports	3 3 15 3 3 3 3	HPER 340	Practicum in S & C or Minor Elective Total Hours Spring Semester Minor Elective Motor Movement Internship	3 15 3 3 3		(

Degree Program Total

120

